

Terms & Conditions

2026

Reformer Pilates & Adult Ballet

1. Bookings & Payments

- All classes must be booked in advance via the online booking system (StudioBookings).
- Payment is required at the time of booking to secure your place, or credits used from a 10x Class Pass.
- Bookings are subject to availability. Reformer Pilates classes are limited to 3 participants.

2. Cancellation Policy

- Reformer Pilates
 - Cancellations made more than 4 hours prior to class may be credited.
 - Cancellations within 4 hours of class time will incur the full class fee.
 - No-shows will be charged in full.
- Alumni Ballet
 - While we figure out this new booking system, the terms for Reformer Pilates will be applicable through the StudioBookings.
 - LCDC will keep a manual log of classes purchased and credits used with the 10x Class Pass to ensure correct charges.
 - As this class is not limited to 3 persons like Reformer Pilates, no-shows will not be charged

3. Public Holidays & School Holidays

- No classes will be held on public holidays.
- Adult Ballet will not be held during school holidays.

4. Health & Safety

- Participants must inform the instructor of any injuries, medical conditions, pregnancy or concerns prior to class.

- You participate at your own risk and are responsible for working within your physical limits.
- LCDC reserves the right to refuse participation if a condition presents a safety concern.
- Grip socks should be worn for Reformer Pilates classes.

5. Punctuality

- Please arrive 5 minutes prior to class commencement.
- Late arrivals may not be permitted to join a Reformer Pilates class if arriving later than 5 minutes, as adequate warm-up is essential for injury prevention.

6. Studio Etiquette

- Appropriate activewear or dancewear must be worn.
- Mobile phones should be on silent.
- Equipment must be treated with care and returned neatly after use.
- Respectful behaviour toward instructors and fellow participants is expected at all times.

7. Liability

- While all reasonable care is taken, LCDC is not liable for injury, loss or damage sustained during participation.
- Personal belongings are brought into the studio at your own risk.

8. Changes

- LCDC reserves the right to cancel, reschedule or substitute instructors where necessary.